



REGIONAL MEDICAL STAFF WELLNESS GRAND ROUNDS PRESENTS

Transforming Inhibition Into Empowerment

Dr. Daisy Dulay, Cardiologist Kristy Wolfe, Digital Storyteller & Photographer

Please join us for an interactive 90-minute session as we embark on a journey to transcend the limitations imposed by shame. Discover the incredible impact of sharing personal stories and how this act can reshape shame into a wellspring of courage, not only for ourselves but for the benefit of others as well. Through engaging discussions and activities, we'll explore the power of storytelling in turning inhibition into empowerment.

Learning objectives:

- Discuss how shame delays seeking help and how it can impede medical leave
- Introduce the concept of using stories as a means of healing
- Explore the broader implications of advocating for culture change through storytelling

THURSDAY, SEPTEMBER 28, 2023
6:30 PM - 8:00 PM
-SPOUSES WELCOMEVIA ZOOM

MEETING ID: 871 4232 9425 PASSCODE: 632718

Scan below to join



Scan the QR Code below for Dr. Daisy Dulay and Kristy Wolfe's bio

